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| **PHYCHOSOCIAL WORKSHOP REPORT**  Manila, Philippines  January 2014 |

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| **Planning**  The workshop was organized over a period of five weeks and most planning was accomplished via emails between Drs. Ribaya and Olness. A final planning face to face meeting was held in Manila on January 15 with Drs. Ribaya, Olness, Lopez,Madrid, San Agustin, Holsinger, Esmaili and Ms. Barrera and Ms. Tica.  **Sponsors(in alphabetical order):**    Child Protection Unit Network- Philippines, Citizens Network for Psychosocial Response- Philippines, Department of Health-MHPSS cluster- Philippines, Health Frontiers-USA, Health Futures inc.- Philippines, International Pediatric Association, Khon Kaen University-Thailand, Medical Action Group-Philippines, Miriam College- Philippines, National Center for Culture and the Arts- Philippines, National Center for Mental Health- Philippines, Pediatrica and Unilab - Philippines, Philippines Ambulatory Pediatric Association, Philippines Science High School. |

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| **WORKSHOP PROGRAMME** |

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| Day 1 | **January 16, 2014** | | | |
| **Goals and Objectives**  Participants will be able to:   1. Describe short term and long term special issues that children experience in disasters. 2. Describe appropriate interventions to help children in disasters. 3. Describe problems of persons who work in disasters. 4. List appropriate interventions to help relief workers. 5. Describe the “Return to Happiness” program for children. 6. List books which may be helpful to children after disasters. | | | | |
| **08.00-08:15** | | **Invocation/ Pretest** | |  |
| **08:15-08:40** | | **Overview effect of disasters on children and families.** | | **Karen Olness** |
| **08:40-09:00** | | **Overview of MHPSS in the Philippines** | | **June Lopez** |
| **09.00-09:30** | | **Explanation problem based learning** | | **SriviengPairojkul** |
| **09:30-10.00** | | **Psychosocial issues for relief workers** | | **Eva Holsinger** |
| **10:00-10:30** | | **Discussion case history #1** | |  |
| **10:30-10:45** | | **Break** | |  |
| **10:45-11:15** | | **Psychosocial triage** | | **ChanyuthSuphakunpinyo** |
| **11:15-12:15** | | **Discussion case history #2** | |  |
| **12:15-13:00** | | **Lunch break** | |  |
| **13:00-13:30** | | **Child development: how children react at different stages of child development** | | **ChanyuthSuphakunpinyo** |
| **13:30-14:30** | | **Discussion case history #3** | |  |
| **14:30-15:00** | | **Return to happiness program** | | **SriviengPairojkul** |
| **15:00-15:15** | | **Break** | |  |
| **15:15-16:00** | | **The aftermath of the tsunami in Southern Thailand: how we helped children and families** | | **SriviengPairojkul** |
| **16:00-17:00** | | **How books can help children and families in disasters** | | **Bron Anders,**  **Mutya San Augustin, Carmen Bonoan** |
| Day 2 | **January 17, 2014** | | | |
| **Goals and Objectives**  Participants will be able to:   1. Define PTSD and its treatment. 2. Explain how children understand and cope with death. 3. Describe positive and negative influences of media in disasters. 4. Describe risks for abuse of children in the aftermath of a disaster. 5. Demonstrate how to use biofeedback to help themselves. | | | | |
| **08:00-08:30** | | **PTSD diagnosis and treatment** | **HaydehEsmaili** | |
| **08:30-09:30** | | **Case history #4** |  | |
| **09:30-10.00** | | **Tacloban personal experience from participants** |  | |
| **10:00-10:15** | | **Break** |  | |
| **10:15-10:45** | | **Coping with death: the special issues of children** | **ChanyuthSuphakunpinyo** | |
| **10:45-11:45** | | **Case history #5** |  | |
| **11:45-12:45** | | **Lunch** |  | |
| **12:45-13:15** | | **The media in disasters** | **MahippathornChinnapha** | |
| **13:15-14:15** | | **Case history #6** |  | |
| **14:15-14:45** | | **Tacloban personal experiences from participants** |  | |
| **14:45-15:00** | | **Break** |  | |
| **15:00-15:30** | | **Abuse of children and child protection after disasters** | **Eva Holsinger** | |
| **15:30-16:30** | | **Case history #7** |  | |

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| Day 3 | **January 18, 2014** | | |
| **Goals and Objectives**  Participants will be able to:   1. Describe school problems related to disasters 2. Describe interventions to help orphans. 3. Describe long term issues for bereaved parents. 4. List the long term psychosocial effects of malnutrition. | | | |
| **08:00-08:30** | | **The Way Forward** | **Honey Carandang** |
| **08:30-09:00** | | **Schools: How to help students and teachers** | **MahippathornChinnapha** |
| **09:00-09:45** | | **Case history #8** |  |
| **09:45-10:15** | | **Art to Reinforce Resilience in Children in Disaster Situations** | **LutgardoLabad** |
| **10:15-10:30** | | **Break** |  |
| **10:30-11:00** | | **Long term issues for orphans: How to help them** | **SriviengPairojkul** |
| **11:00-11:45** | | **Case history #9** |  |
| **11:45-12:15** | | **Long term issues for parents who have lost children: How to help them?** | **HaydehEsmaili** |
| **12.15-13.00** | | **Lunch** |  |
| **13:00-13:45** | | **Case history #10** |  |
| **13:45-14: 15** | | **Psychosocial effects of malnutrition** | **Karen Olness** |
| **14:15-15:15** | | **General discussion what can we all do to help children and families following disasters in the Philippines?** | **Bernadette Madrid** |
| **15:15-15:45** | | **Summation of Workshop** |  |
| **15:45-16:00** | | **Post test** |  |
| **16:00-16:30** | | **Certificate ceremony** |  |